



# ASIST

## Applied Suicide Intervention Skills Training

LivingWorks ASIST is a free, two-day, in-person workshop featuring powerful audiovisuals, discussions, and simulations. You will explore how personal and community attitudes about suicide affect someone's openness to seek help and your ability to provide it. You will increase your self-awareness, confidence, and capacity to provide suicide first aid.

### Meet Your Trainers



#### Bill Elger

- Western Resource Prevention Center Coordinator since 2019
- Certified ASIST Instructor

#### Chloe White

- Community Prevention Specialist since 2022
- Certified ASIST Instructor



**April 21st and 22nd**  
**8 a.m. - 5 p.m.**  
**202 E. Adams Street**  
**Rapid City**  
**YFS High Tech Room**

### Participants Learn:

- ✓ How to recognize signs and symptoms of suicide.
- ✓ Connect with and support those experiencing a mental health crisis
- ✓ Effective intervention practices to save a life
- ✓ How to separate fact from fiction for suicide and mental health

**To Register For Free, Please Email:**

**Western Prevention Resource Center**

**Chloe White**  
**[cwhite@youthandfamilyservices.org](mailto:cwhite@youthandfamilyservices.org)**

***In Conjunction With:***



**SOUTH DAKOTA**  
PREVENTION RESOURCE CENTERS