## SOUTH DAKOTA 2020-2025 **SUICIDE PREVENTION PLAN**



# **October - December 2024 Newsletter**

# SDSP Website Gets A Makeover

## **SDSP Website Update**

South Dakota Suicide Prevention is excited to announce the launch of the updated SDSP Website! The site can still be found at sdsuicideprevention.org and has many new features including a search bar and an orange help tab that will connect individuals in crisis to 988. The addition of a



resource library features resources for high-risk populations, survivors, statewide data, and much more! Material orders, training requests and resources are all still available on the newly designed site!

# **Suicide Prevention Month Recap**

### **Statewide Events Held In September**

Suicide Prevention Month was celebrated with many events across the state during the month of September, which is recognized nationally each year. Walks and awareness events were held across the state from Aberdeen, Belle Fourche, Brookings, Huron, Pierre, Sioux Falls, and Watertown. The Division of Behavioral Health Suicide Prevention team spent a morning at the Human Services Center in Yankton for their Annual Suicide Prevention Gala. Many schools from across the state ordered suicide prevention materials to share in their districts. Just because September is over doesn't mean we have to stop promoting suicide prevention. You can order materials through the SDSP website <u>here</u> and through the DBH website <u>here</u>.

# AgriSafe FarmResponse Training

### **Continuing Education Opportunity**

FarmResponse is a 3.5-hour online continuing education module created by national experts from the AgriStress Response Network. It equips healthcare professionals with essential skills to support the mental well-being of agricultural producers and their families, addressing the total health of farmers. Topics covered in FarmResponse include: The Total Farmer Health Model, AgriBusiness Factors Impacting Mental Well-Being, Agriculture Work



Factors, Family Dynamics, Agrarian Culture and Values, Special Populations, U.S. Agricultural Producer Demographics, Agricultural Community Healthcare Challenges, Opioids and Alcohol Issues in Agriculture, Suicide and Agriculture and Resources and Referrals. Healthcare providers in the state of South Dakota are able to complete this education for free. For more information on FarmResponse or to register, please visit FarmResponse<sup>®</sup> - AgriSafe Network.



For more information or to add an event, Visit the SDSP Calendar

### November

8th – Helpline Center's - Free Adult Mental Health First Aid, 8:30am – 5:00pm, Sioux Falls

11th - Helpline Center's - Free Online Question, Persuade, Refer Training, 10:00am -11:00am, Online

13th - Helpline Center's - Free Applied Suicide Intervention Skills Training (ASIST), 8:30am – 5:00pm, Sioux Falls

13<sup>th</sup> - Helpline Center's - Online Survivor of Suicide Loss Virtual Support Group, 6:00pm -7:30pm

14th - Helpline Center's - Free Applied Suicide Intervention Skills Training (ASIST), 8:30am -5:00pm, Sioux Falls

**21st**– Helpline Center's – Surviving After Suicide In-Person Support Group, 7:00pm -8:30pm

#### December

11th - Helpline Center's - Online Survivor of Suicide Loss Virtual Support Group, 6:00pm -7:30pm, Zoom

19th - Helpline Center's - Surviving After Suicide In-Person Support Group, 7:00pm -8:30pm

#### **RESOURCES**

988 Suicide & Crisis Lifeline Helpline Center Suicide Prevention Materials SD Suicide Data













