

# SECURE STORAGE

## Suicide Prevention in South Dakota

Photo courtesy of TravelSouthDakota.com

In a suicide crisis, the length of time someone seriously contemplates suicide tends to be short-lived. Reducing access by secure storage or "means safety" refers to making an effort to limit or eliminate the ability for a person at risk of suicide to access the means for their suicide plan. If suicidal behaviors are detected early and access to firearms, medications or other substances and objects can be restricted during the time of crisis, a life can be saved.

## WHAT CAN REDUCE RISK?

Learn to safeguard your home by:

- Restricting access to pesticides, alcohol and other substances
- Securely storing over-the-counter and prescription medicines and properly disposing of unused medications
- Using a gun safety lock on all firearms
- Paying attention to family member's moods and behaviors

## RESOURCES

- 988 Suicide & Crisis Lifeline is available 24/7 via call, text and chat for any behavioral health need. For Veterans, call 988 and press 1.
- Free trainings available on means safety and suicide prevention through the SD Suicide Prevention website.
- Gun locks and medication lock boxes are available to be shipped at no-cost in South Dakota by scanning the QR code on the right.

**988**  
SUICIDE & CRISIS  
LIFELINE



**49%**  
of suicide deaths  
were **firearm-related**  
(2013-2022)

**76%**  
of **Veteran Suicides**  
are a result of  
**self-inflicted  
gunshot wounds**  
(2019-2022)

**11%**  
of suicide deaths were  
**poisoning-related**  
(2013-2022)

**SDSP**  
SOUTH DAKOTA  
SUICIDE PREVENTION

[SDSuicidePrevention.org](https://SDSuicidePrevention.org)

**988** Call. Text. Chat.