

# Survivors of Suicide Loss Day Toolkit

International Survivors of Suicide Loss Day (November 18, 2023) is a designated day for friends and family of those who have died by suicide to join for healing and support. This outreach materials kit is here to provide support and hope to those affected by suicide. You'll find resources for both survivors and mental health professionals.

## What's in This Kit

We encourage you to spread awareness of International Survivors of Suicide Loss Day through these materials, so every survivor knows that hope, healing and support is close by:

- Social Media Posts
- Social Media Cover Photos
- Printable Connection Cards
- Fact Sheet & Blog
- Press Release

## Contact

For more information visit [SDBehavioralHealth.gov](https://SDBehavioralHealth.gov) or contact [dssbh@state.sd.us](mailto:dssbh@state.sd.us).

## Grief & Mental Health Resources

The grief process following a death by suicide is complicated. It's important for survivors to have someone they can talk to who will listen. The 988 Lifeline is here to provide that support 24/7.



call. text. chat.

